

the bleeding point be situated in the front part of the septum. Cold compresses to the face and an icebag to the nape of the neck may be tried, and if these fail, a douche of hot water to the inside of the nose. Packing of the nose may need to be done by the nurse in a case of emergency, and is very often successful. Use dry gauze or gauze soaked in hydrogen peroxide, or adrenalin—one part to three of salt solution. Always use long strips of gauze, never short ones or mops of wool, that might get overlooked and remain in the nose to set up a septic state. The gauze strip has a tendency to get pushed too far and drop or hang down over the edge of the soft palate into the pharynx, and cause great annoyance to the patient. A plan to avoid this is to take the strip of gauze and tie to the end to be inserted a piece of fine string, then thread the string and stitch it into the gauze at intervals of half an inch along its length, "basting" is, I believe, the term to use. Then push the gauze with the string attached to the back of the nose floor. Then holding the string firmly, push the gauze on and on, and it will slip along the string as it goes in. By holding the string tightly you make a point of resistance in the back of the nose to push the gauze against, and if the gauze should have been pushed too far in the first place it can be drawn bodily forward by pulling on the string. To remove the plug, the string is let go and the gauze drawn out over the string.

Hives.

Hives, nettle rash, or urticaria are, says the *National Hospital Record*, all used to describe the same affection. The commonest cause for this distressing minor ailment is disordered digestion. Different articles of diet are sufficient to cause the trouble in people who are predisposed to it. Among the foods that may cause it are sausages, fish, strawberries, pineapples, mushrooms. Or contact with the nettle weed may cause it. In most cases the administration of a dose of Epsom salts or other saline laxative and restricting the diet for a time usually brings relief. Washing the parts with equal parts of vinegar and water will relieve the irritation. Starch and soda baths may be needed in persistent cases. To give the starch and soda bath a half cupful of boiled starch in which a tablespoonful of washing soda has been dissolved is added to four gallons of water.

QUEEN VICTORIA'S JUBILEE INSTITUTE FOR NURSES.

ENGLAND AND WALES.

Transfers.—Miss Ada Arnold returned to Norwich (Superintendent); Miss Blanche Male has been transferred to Llanwnda; Miss Rosina Price to Stockton-on-Tees; Miss Mary L. Lock to Huddersfield (staff midwife); Miss J. B. Chambers to Brixton; Miss Florence G. Gray to Manchester (Ardwick Home); Miss M. B. Pattison to Brighton; Miss Maria Talbot to Exning; Miss Maud Taylor to Stockton.

Appointments.

LADY SUPERINTENDENTS.

Kingston-upon-Hull Sanatorium.—Miss Catherine Marie Duffy has been appointed Lady Superintendent. She was trained and certificated at the Royal Albert Edward Infirmary, Wigan, from 1899-1901. She was then appointed Sister at the Park Hill Hospital, Liverpool, which position she held for two years, when she was appointed Night Superintendent at the new Lodge Moor Hospital, Sheffield, and four months later was promoted to the position of Assistant Matron in the same institution. There she remained for two years until her election to the Matronship of the Borough Hospital, Leicester, a position she resigns to take up that of Lady Superintendent of the Kingston-upon-Hull Sanatorium.

Home for Nurses, 13, Fitzwilliam Street, Cambridge.—Miss Dorothy Sheppard has been appointed Superintendent. She was trained at St. Bartholomew's Hospital, E.C.

MATRONS.

Merchant Taylors' Home for Men, Bognor.—Miss Zöe M. A. Pixell has been appointed Matron. She was trained and certificated at St. Bartholomew's Hospital, E.C., where she held the position of Sister of Sitwell Ward.

Alexandra Hospital, Woodhall Spa.—Miss A. M. Elliott has been appointed Matron, in succession to Mrs. Gubby, who resigned after holding the office for eleven years owing to failing health. Miss Elliott was trained at the London Hospital.

Isolation Hospital, Wallingford.—Miss Elizabeth Stock has been appointed Matron. She was trained at the Rochester and Chatham Joint Hospital, and at the Chesterfield Hospital, and has held the position of Charge Nurse at the Fever Hospital, Stockton.

SISTER.

Royal Victoria Hospital, Belfast.—Miss Miriam Chew has been appointed Sister. She was trained at the General Infirmary, Burton-on-Trent, and has had some experience of private nursing.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

Appointments.—Staff Nurses: The following ladies have received appointments as Staff Nurse: Miss M. E. Don, Miss J. McP. Barclay Smith.

Postings and Transfers.—Sisters: Miss A. Nixon, to Military Hospital, Chatham. Staff Nurses: Miss F. C. Craig, to Military Hospital, Curragh; Miss J. McP. Barclay Smith and Miss E. M. Croisdale, to The Queen Alexandra Military Hospital, Millbank, London; Miss M. L. Kaberry and Miss E. K. Kaberry, to Egypt.

Appointments Confirmed.—Staff Nurses: Miss G. H. Sellar, Miss H. M. Barnett, Miss F. E. Morton, Miss L. A. Burgess, Miss A. B. Nunn, Miss C. C. M. Gibb, Miss M. E. Smith, Miss M. Ironside, Miss N. Stewart, Miss E. M. M. Malim, Miss A. Weir, Miss S. W. Wooler.

Promotions.—The undermentioned Staff Nurses to be Sisters: Miss K. Coxon, Miss E. St. Quintin.

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